



THE
TMI
PROJECT

PODCAST

Press Kit



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WHAT

The TMI Project Podcast is a free quarterly podcast featuring radically candid true stories from historically underrepresented populations often overlooked by mainstream media.

Co-hosts Eva Tenuto and Micah Blumenthal share stories from some of our favorite storytellers from the past 10 years as they step on stage and transform painful events from their past into powerful, inspiring, and often hilarious, monologues of resilience and survival.

The TMI Project Podcast features adult content and is geared toward people interested in social justice, human rights, arts, culture and, most importantly, storytelling. Our audience believes that it's important to hear from marginalized communities and understand they can't rely on mainstream media, film, radio or television to get what they're looking for.

WHO

TMI Project: Founded in 2010, [TMI Project](#) is a nonprofit transmedia organization teaching true storytelling workshops and creating inspiring live performances and bold digital content that focus on the "too much information" parts of a story, the parts typically left out because of shame or stigma. We believe that sharing radically candid, true personal narratives ignites human connection, challenges the status quo, and inspires both storytellers and listeners to take action for positive social change.

Radio Kingston: TMI Project Podcast partner Radio Kingston is a non-commercial platform dedicated to a vibrant, just, and healthy Kingston centered around community storytelling, artistic and musical expression, conversation and connection.

Podcast Co-hosts:



“One of the most rewarding parts of working at TMI Project is seeing what storytellers look like when they step off the stage. It often looks like they’re floating out of the theater. They look taller; lighter. It’s as if something has truly been lifted. To be able to witness that over and over again fills my spirit. I can’t think of anything else I’d rather do.”

Eva Tenuto

TMI Project Co-founder & Executive Director

Pronoun: She/Her/Hers

Eva Tenuto is the co-founder and executive director of TMI Project. Since 2010, she has brought TMI Project from her living room to a host of performance spaces, schools, detention centers, mental health facilities and the United Nations. Eva is the editor and director of multiple solo shows, one of which was awarded Best Comedic Script of 2014 in the United Solo Festival. In 2018, her directorial film debut, *Vicarious Resilience*, a docu short, celebrated its world premiere at The Woodstock Film Festival. Eva’s own true stories have been published on Longreads.com and in numerous anthologies including *Drinking Diaries*, *Goodbye to All That* and others. Eva studied acting at American Academy of Dramatic Arts. She received a BA in Fine Art and Women’s Studies and an MA in Elementary Education, both from Hunter College. More at www.evatenuto.com

[Download Eva’s headshot](#)



“TMI Project allows an exchange to happen. It feeds a deep need to know our own truth, to connect to something real. This is an ancient practice of sharing our stories and it’s perhaps the most revolutionary tool we have at our disposal.”

Micah Blumenthal

TMI Project Workshop Leader

Pronoun: He/Him/His

In addition to leading TMI Project workshops, Micah serves as the manager at GWI’s (Good Works Institute) Greenhouse Kingston, a yoga teacher at Mudita, and creator of DAY 1 (a New Year’s Day community event). He is on the board of Wild Earth (a non-profit Wilderness School), Radio Kingston, The Center for Creative Education, and O+ (a nonprofit health and wellness festival for artists and creators). He also serves as City of Kingston’s Art Commissioner at the Kingston Farmers Market.

[Download Micah’s headshot](#)

Podcast Producer:



Hayley Downs

Pronoun: She/Her/Hers

In addition to producing The TMI Project Podcast and leading TMI Project workshops, Hayley is a writer, storyteller and documentary filmmaker. She produced the documentary film *Hidden Battles* directed by Victoria Mills about the psychological effects of killing on soldiers. She also produced and broadcast edited *Naturally Obsessed: the Making of a Scientist*, a documentary about laboratory research by Richard and Carole Rifkind. *Naturally Obsessed* premiered on WNYC/Thirteen and is distributed by PBS International. Most recently she produced *J.L. Sert: A Nomadic Dream*, a Spanish/U.S. co-production directed by Pablo Bujosa. Her installations and experimental films: *Move*, *Coleslaw Wrestling* and *Boar Hog*, exploring multi-generational Florida folk culture, have shown at underground film festivals including NY, Chicago and SF, and the Museum of Contemporary Art Miami and Art Basel. Her angst-filled teen journal was included in *Mortified: Real Words, Real People, Real Pathetic*, published by Simon Spotlight Entertainment. Hayley moved to upstate New York from Brooklyn four years ago where she's focused on writing and her work as a TMI Project Workshop Leader.

WHEN

TMI Project will launch Season 1 of The TMI Project Podcast, *Tragedy + Time = Comedy*, on April 1st, 2020. Season 2, *Black Stories Matter*, will be released in early summer 2020.

WHY

We believe that through vulnerability human beings connect with one another, and when people share the stories they're most afraid to tell their vulnerability becomes a superpower.

Individually, when we share our most personal stories, the ones we've kept hidden from the world, our lives subtly shift and open up in positive ways. Collectively, this shift is seismic. We think we can make the world a kinder, gentler place this way, one story at a time.

HOW

Visit www.tmiproject.org/podcast for more information, and subscribe to The TMI Project Podcast everywhere you listen to podcasts.

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EPISODES

[Podcast Trailer](#)

Logos



Photos for Publication



TMI Project storyteller Hayley Downs (Season 1, Episode 9) at her 10th birthday party. Courtesy of the artist.



TMI Project storyteller Dusty Childers (Season 1, Episode 2) as a boy. Courtesy of the artist.



TMI Project storyteller Verna Gillis (Season 1, Episode 1) as a young woman. Courtesy of the artist.



TMI Project storyteller Dusty Childers (Season 1, Episode 2) in 2018. Photo courtesy of the artist.



TMI Project storyteller Sam Osterhout (Season 1, Episode 3) as a young boy. Courtesy of the artist.



TMI Project storyteller Sam Osterhout (Season 1, Episode 3). Courtesy of the artist.

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